

PROGRAMME OF TRAINING IN

Adolescent Psychiatry (Ref. M3)

AIM

To train psychiatrists in the understanding of the adolescent development and disorders. Adolescent dynamics are explored in various settings, from individual to the different group settings: social, family, educational, work and recreational.

CONTENT AND METHOD

Psychodynamic understanding is an intrinsic element of all the training events; the course explores the adolescent processes in health as well as in various forms of illness. The work of the psychiatric trainee in the Adolescent Department takes place in a series of workshop groups covering assessment, individual psychotherapy, family therapy and group psychotherapy. Supervision is an integral part of the training and is available on an individual, as well as on a shared basis.

The training programme includes links with the Child and Family Department, with in-patient units for adolescents, and with child and family psychiatric clinics. Trainees can also participate in a multidisciplinary course, 'Psychodynamic Approaches to Working with Adolescents' (Year 1) which is held on Tuesday mornings for one academic year, September to July. The trainee may adapt and modify this programme to suit personal needs in consultation with the course tutor.

RECOGNITION

This course is part of the Tavistock Clinic Conjoint Child, Adolescent and Family Psychiatric Training Programme which has the full accreditation of the Child and Adolescent Psychiatry Section of the Joint Committee on Higher Psychiatric Training of the Royal College of Psychiatrists.

CRIMINAL RECORDS BUREAU

Students enrolling on this course must obtain a Criminal Records Bureau (CRB) Disclosure for the Trust's records. Students who are offered and accept a place are advised to contact the CRB as soon as possible (www.crb.gov.uk or 0870 9090 811). Please note that we cannot accept a photocopy of any existing disclosure you may have and that the fee for obtaining a disclosure is payable by the applicant.

MEMBERSHIP

a. One specialist registrar level salaried post attached to the training scheme of Senior Registrars in Child and Adolescent Psychiatry.

b. Programme and clinical associates. There are a small number of places available. This category of trainees is required to pay a tuition fee.

Programme associates are entitled to attend lectures, seminars and workshops. Clinical associates are involved in clinical work as well. Requirements expected of the trainees interested in working with young people:- training in general psychiatry; some experience in dealing with young people; previous work with children will be considered an advantage; personal suitability for the work is emphasised and trainees will be expected to be, or have been in personal psychotherapy or psychoanalysis.

METHOD OF SELECTION

For trainees in category (a): appointment as specialist registrar to Tavistock Clinic scheme.

For trainees in category (b): visit to the adolescent department and to the individual interviews with the organising tutors.

DATES AND TIMES

The recommended length of time for associates is two years. Part-time and shorter stays could be arranged by negotiation, depending on the applicant's previous experience.

Actual time spent at the Clinic will vary according to personal programmes and workshop timetables within the academic year.

TERM DATES

Autumn	2 October - 8 December 2006
Spring	8 January - 16 March 2007
Summer	23 April - 6 July 2007

APPLICATIONS TO:

Dr Domenico Di Ceglie

Organising Tutor
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