

4<sup>TH</sup> ANNUAL TRAUMA SEMINAR

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# WORKING WITH TRAUMATISED REFUGEES AND ASYLUM SEEKERS

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**Friday 4 July 2008** (1.00 - 5.15pm)  
Tavistock Centre, London

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**Fee: £70**

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In the current political debate around refugees and asylum seekers, questions of therapeutic need - who needs it, what kind, how to provide it and so on - can be overlooked. In our presentation, we aim to share our thinking on clinical work with refugees and asylum seekers referred to a specialist service located within the Tavistock Adult Department Trauma Unit. We will focus on the kinds of feelings, including transferences and countertransferences, that typically arise when working with overwhelming trauma, which often immerse both therapist and patient in emotions such as isolation, guilt, hopelessness and despair.

In addition, we will discuss some of the challenges present when trying to offer therapeutic help to people experiencing the ongoing despair and uncertainty of protracted asylum claims. We aim to explore issues around reconnecting to resilience and developing new resources. During the afternoon there will be opportunities for delegates to raise and explore issues from their own experience.

This conference is suitable for all professionals working with refugees and asylum seekers.

**Chair**

Jo Stubbley, Consultant Psychiatrist in Psychotherapy and Head of the Adult Trauma Service

**Convenor**

Linda Young, Consultant Clinical Psychologist, Psychoanalyst and Head of the Adolescent Trauma Service

*All speakers work at The Tavistock and Portman NHS Foundation Trust and are actively involved in the clinical and research work of the Trust's Trauma Unit.*

**FURTHER INFORMATION**

Conference, Events and Marketing Unit,  
Tavistock Centre, 120 Belsize Lane,  
London NW3 5BA

TEL  
020 8938 2548

FAX  
020 7447 3837

EMAIL  
events@tavi-port.org

WEB  
www.tavi-port.org/conferences

**PROGRAMME**

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**1.00 Registration and lunch**

**1.45 Welcome and Opening Remarks**

Jo Stubbley and Linda Young

**2.00 Working with Traumatised Refugees and Asylum Seekers**

Maxine Dennis, *Consultant Clinical Psychologist and Adult Psychotherapist, South West London and St George's Mental Health NHS Trust and The Tavistock and Portman NHS Foundation Trust* and

Birgit Kleeberg, *Consultant Adult Psychotherapist, The Tavistock and Portman NHS Foundation Trust*

**3.15 Tea break**

**3.40 Small group discussions**

**4.40 Final plenary**

**5.15 Close**

# APPLICATION FORM

## WORKING WITH TRAUMATISED REFUGEES AND ASYLUM SEEKERS

4 July 2008

Fee: £70

Group discounts are available on request

### PERSONAL DETAILS

Please complete clearly in block letters

TITLE

FIRST NAME

SURNAME

JOB TITLE

DEPARTMENT

ORGANISATION

ADDRESS

CITY

COUNTY

POSTCODE

COUNTRY

TEL

FAX

EMAIL (please print clearly)

SIGNATURE

DATE

### PAYMENT DETAILS

I enclose a cheque for £70 made payable to The Tavistock and Portman NHS Trust

Please debit my Credit/Debit Card for £70

Visa / MasterCard / Switch/Maestro / Delta  
(Delete as appropriate)

Card Number

Expiry date

Issue No/Start Date  
(Switch/Maestro only)

Security code  
(Last 3 numbers on the back of the card)

### SPECIAL REQUIREMENTS

Please indicate here if you have any special dietary or any other requirements:

### ACCOMMODATION

Please tick the box if you would like information about local hotels

### WHERE DID YOU HEAR ABOUT THIS CONFERENCE?

- Direct Mail  
 Email  
 Advert (where?)  
 Personal Recommendation  
 Website  
 Tavistock noticeboard  
 Other (please state)

### TERMS AND CONDITIONS

#### HOW TO BOOK

- Please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)
- Return the completed form and payment to the address below

#### PAYMENT TERMS

- Payment must be made in full and before the event
- Payment can be made by cheque or credit card, receipts will be issued
- Payment can also be made by BACS transfer, please contact the Conference Unit for details
- Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork
- Invoices cannot be issued within 14 days prior of the conference date. All bookings made in this time must be paid in full at the time of booking

#### CONFIRMATION

- Bookings will be confirmed on receipt of a completed application form and full payment of the conference fee
- Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

#### CANCELLATION POLICY

- All cancellations must be made in writing to the address below
- All cancellations are subject to an administration charge of 10% of the conference fee
- Cancellations made no later than 14 days prior to the conference are eligible for a full refund minus the administration charge
- No refunds will be given for cancellations made within 14 days of the conference date
- The Tavistock and Portman NHS Foundation Trust reserves the right change the conference content, timing, speakers or venue without notice

#### DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events. If you do not wish to receive this information, please tick the box

#### FURTHER INFORMATION

Conference, Events and Marketing Unit, Tavistock Centre, 120 Belsize Lane, London NW3 5BA, UK

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