



The Eye and The Mind Society

PSYCHOTHERAPY, MEDICINE AND THE BODY

ALEXIS BROOK MEMORIAL CONFERENCE

Friday 31 October 2008

Tavistock Centre, London

**A conference inspired by and in honour of the work
of Dr Alexis Brook who died in 2007**

Hosted by the Tavistock Clinic in collaboration with the Association for Psychoanalytic Psychotherapy in the NHS (APP), St Mark's Hospital, The Balint Society and The Eye and Mind Society

Fee: £70

This conference was inspired by the work of Dr Alexis Brook (1920-2007), Consultant Psychotherapist in the Tavistock Clinic for 15 years (1971-85) and Chairman of the Professional Committee for the last 6 years of these. He pioneered the integration of psychoanalytic understanding in a variety of clinical settings thus extending the range of psychotherapeutic work in the NHS. In primary care he systematically studied the contribution of psychotherapists working within GP practices - inspiring many to follow a similar path. Working as a psychoanalytic psychotherapist, he made a significant contribution to the theory and practice of psychosomatic medicine, particularly in Gastro-Intestinal Disorders and Ophthalmology. He also had a long standing interest in the study of emotional stress at work and within organisations.

The conference begins with papers by colleagues detailing Alexis Brook's contribution in these various fields. Over the course of the day the presenters will show how this foundation has developed with particular reference to current psychotherapeutic approaches to eye conditions, gastro-intestinal disorders and chronic pain. Papers will discuss not only specific psychosomatic cases but also the wider interactional dynamics within the broader medical system.

This conference will be of interest to psychoanalysts, psychologists, psychotherapists, psychiatrists, counsellors, GPs and clinicians working in a variety of medical settings, particularly those with an interest in chronic pain, gastro-intestinal disorders, eye conditions and those who work in primary care.

The Tavistock Clinic is pleased to host this memorial conference in collaboration with the Association for Psychoanalytic Psychotherapy in the NHS (APP), St Mark's Hospital, The Eye and Mind Society and The Balint Society, in honour of Dr Alexis Brook.

FURTHER INFORMATION

Conference, Events and Marketing Unit,
Tavistock Centre, 120 Belsize Lane,
London NW3 5BA

TEL
020 8938 2548

FAX
020 7447 3837

EMAIL
events@tavi-port.org

WEB
www.tavi-port.org/conferences

PROGRAMME

9.00 Registration and coffee

CHAIR: Dr Nick Temple, *Psychoanalyst, Consultant Psychiatrist in Psychotherapy and former Chief Executive, The Tavistock and Portman NHS Foundation Trust*

9.30 Welcome and Introduction

Dr Nick Temple

9.45 Alexis Brook: The good doctor

Dr Jennifer Johns, *Psychoanalyst*

10.30 Coffee break

11.00 Personal Recollections of Working with Alexis: A pioneer of the application of psychodynamic thinking in Primary Care

Mannie Sher, *Psychoanalytical Psychotherapist and Principal Consultant in Organisational Development and Change, Tavistock Institute*

11.20 Following Alexis: Further Thoughts about Brief Psychotherapy in Primary Care

Dr Andrew Elder, *Consultant in General Practice and Primary Care, President, The Balint Society and Co-chair, Primary Care Section, APP*

12.00 Space for personal recollections of Alexis Brook and his influence

12.30 Lunch

CHAIR: Philip Stokoe, *Consultant Psychotherapist, Psychoanalyst and Director, Adult Department, The Tavistock and Portman NHS Foundation Trust*

1.30 Tears: Emotional or physical?

Dr Sotiris Zalidis, *General Practitioner and Honorary Clinical Assistant, Camden Psychotherapy Service*

2.15 Keeping the Gut in Mind

Dr Julian Stern, *Consultant Psychiatrist in Psychotherapy, St Mark's Hospital*

3.00 Tea break

3.30 From Being Pain to Having Pain: Meeting with a group of 'difficult to treat' chronic pain patients

Shirley Borgetti-Hiscock, *Psychoanalytic Psychotherapist and Consultant Clinical Psychologist, Royal Free Hospital Pain Service*

4.15 Plenary Discussion

4.45 Close

APPLICATION FORM

PSYCHOTHERAPY, MEDICINE AND THE BODY: ALEXIS BROOK MEMORIAL CONFERENCE

31 October 2008

Fee: £70

PERSONAL DETAILS

Please complete clearly in block letters

TITLE

FIRST NAME

SURNAME

JOB TITLE

DEPARTMENT

ORGANISATION

ADDRESS

CITY

COUNTY

POSTCODE

COUNTRY

TEL

FAX

EMAIL (please print clearly)

SIGNATURE

DATE

PAYMENT DETAILS

I enclose a cheque for £70 made payable to The Tavistock and Portman NHS Trust

Please debit my Credit/Debit Card for £70

Visa / MasterCard / Switch/Maestro / Delta
(Delete as appropriate)

Card Number

Expiry date

Issue No/Start Date

(Switch/Maestro only)

Security code

(Last 3 numbers on the back of the card)

SPECIAL REQUIREMENTS

Please indicate here if you have any special dietary or any other requirements:

ACCOMMODATION

Please tick the box if you would like information about local hotels

WHERE DID YOU HEAR ABOUT THIS CONFERENCE?

- Flier
 Email
 Advert (please state)

- Trust website
 Other website (please state)

- Flier passed on by colleague
 Personal Recommendation
 Tavistock event/notice board
 Other events (please state)

None of the above

TERMS AND CONDITIONS

HOW TO BOOK

- Please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)
- Return the completed form and payment to the address below

PAYMENT TERMS

- Payment must be made in full and before the event
- Payment can be made by cheque or credit card, receipts will be issued
- Payment can also be made by BACS transfer, please contact the Conference Unit for details
- Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork
- Invoices cannot be issued within 14 days prior of the conference date. All bookings made in this time must be paid in full at the time of booking

CONFIRMATION

- Bookings will be confirmed on receipt of a completed application form and full payment of the conference fee
- Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

CANCELLATION POLICY

- All cancellations must be made in writing to the address below
- All cancellations are subject to an administration charge of 10% of the conference fee
- Cancellations made no later than 14 days prior to the conference are eligible for a full refund minus the administration charge
- No refunds will be given for cancellations made within 14 days of the conference date
- The Tavistock and Portman NHS Foundation Trust reserves the right change the conference content, timing, speakers or venue without notice

DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events. If you do not wish to receive this information, please tick the box

FURTHER INFORMATION

Conference, Events and Marketing Unit, Tavistock Centre, 120 Belsize Lane, London NW3 5BA, UK

TEL
+44 (0)20 8938 2548

FAX
+44 (0)20 7447 3837

EMAIL
events@tavi-port.org

WEBSITE
www.tavi-port.org/conferences