

***The Parents' Consultation Service***  
***May 2004***



***For practical information about the Trust and maps on how to get there, please see the dark blue 'Patient Prospectus'.***

The Parents' Consultation Service at the Tavistock Clinic offers free and confidential consultations within the National Health Service. This service is for parents, single or couples, who are having conflict or other emotional difficulties with their sons and/or daughters aged between 14 – 25 years. Our services are available to all clients within our agreed service areas, regardless of class, culture, physical disability, race, religious belief or sexual orientation.

### ***What can we offer?***

We can offer up to 4 meetings, of about an hour each. They are aimed at helping parents develop a new perspective on the difficult situations with which they are faced. The consultation may also include some discussion of ordinary adolescent development.

### ***Who are the clinicians?***

The clinicians are qualified and experienced professionals, some of whom are undertaking advanced training at the Centre. We arrange appointments during normal office hours (Mondays to Fridays, 9am – 6pm). Early evening appointments are also occasionally available.

### ***What to do to confirm, change or cancel an appointment?***

If you need to confirm, change or cancel an appointment please call 0207 447 3787 between 9.30am and 5.30pm and ask for the co-ordinator of the Parents' Consultation Service.

### ***Where to go when you arrive?***

If your appointment is between 9.00am and 5.00pm, please go directly to the Adolescent Department: in the main entrance of the building, take a left and walk down the corridor until you reach the lift and stairs, go up to the 3rd floor and to the waiting-room (on your right when you come out of the lift, on your left if you took the stairs). Report to the receptionist who will let your clinician know about your arrival. He or she will then come and get you.

If your appointment is before 9.00am or after 5.00pm, please go to reception desk in the main entrance of the building. The receptionist will let your clinician know that you have arrived.

