

**Consultation on Community Child and
Adolescent Mental Health Services
(CAMHS)**

Summary of Responses and Service Model

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Executive Summary

The Consultation:

The proposed service specification was sent out for consultation with all key stakeholders in Camden for a period of 30 days between 29th October to 30th November 2007. In total, 56 responses were received which included written and interview feedback from both individuals and organisations.

The Revised Service Model:

The responses to the proposals for reconfiguring Child and Adolescent Mental Health Services (CAMHS) in Camden indicated a high level of support, with respondents agreeing with the overarching principles of service delivery- though perhaps inevitably, there were concerns regarding the availability of resources. A diagram of the revised service model is attached (appendix 1).

The overarching principles will remain the same however the main focus of service delivery will be in Education settings and Health Centres across Camden. The feedback suggested that providing services in these areas will align more closely with Children's, Schools and Families (CSF) initiatives and also enable greater access and early intervention. It is agreed that the CAMH service will be reviewed throughout the year and the service model will remain flexible to ensure CAMHS are meeting local need.

Community CAMHS in Camden will comprise two Multidisciplinary Teams (MDT); one in the north of the borough and one in the south. The north MDT will be based at the Tavistock Clinic and services will be provided at a number of community settings including at the Tavistock Clinic, schools and primary

care settings. The South MDT will be based at St Pancras Hospital and services will be provided at a number of community settings including St Pancras Hospital, Crowndale health Centre, schools and primary care settings.

The Launch:

The newly formed CAMHS in Camden will be launched in May 2008. Two events will be organised and information will be sent at a later date. All stakeholders are welcome to attend. More detailed information will be made available at www.tavi-port.org.uk

Summary of Responses

Education

The type of work to be carried out through dedicated sessions in schools:

- Clinical work
- Signposting to other services and joint intake
- Liaising/ consultation
- Attending multi-agency meetings for school cohort and extended services area strategic overview meetings

CAMHS in Pupil Referral Units (PRU's) and Chalcot:

All Pupil Referral Unit's and Chalcot will receive dedicated CAMHS input. The CAMHS clinicians working for these units will form a small team and be co-ordinated across the borough.

CAMHS in Primary Schools:

Primary schools will receive a named link person who will form a relationship with the school and will attend relevant meetings agreed with the school. This will be reviewed throughout the first year of implementation. We recognise the strong response to the need for additional support in primary schools, and this issue will be reviewed throughout the year in light of potential new funding from targeted national mental health funding. The Tavistock Outreach in Primary Schools (TOPS) project in 5 primary schools in Camden is to be continued with additional funds identified by each school.

CAMHS in Secondary Schools:

The presence of a named link person will continue in each secondary school in Camden for a minimum of 1 day per week, who will be the link for the multidisciplinary team. For those working in a range of educational settings

including primary and secondary schools an Education forum will be implemented and open to all CAMHS clinicians across the borough in order to share thinking, expertise and co-ordinate their input. Staff working in both the North and South Multidisciplinary Teams will be available to support staff working in secondary schools and provide opportunities for joint working.

Primary Care

The focus on GP practices has shifted to Health Centres; 2 in the north and 2 in the South of the borough. This was due to a limited response from GP's. Where responses were received these indicated accommodation limitations and that services would be better used if they were located in Health Centres. The presence of CAMHS in GP practices currently receiving a service will continue and further work is being done to identify practices for training purposes. This will take the form of a CAMHS trained GP offering a training placement for CAMHS trainees and a consultation service for GP's. Staff working in both the North and South Multidisciplinary Teams will be available to support staff working in primary care and provide opportunities for joint working.

The service will continue to be reviewed in the light of developments in primary care such as Practice Based Commissioning.

Specialist Multi-agency Services

The Multiagency Liaison Team (MALT), Youth Offending Service (YOS), Pupil Referral Units and Chalcot, CAMHS in Disabled Children's Service and Early Intervention Service will continue to develop links to form a borough wide network of services.

CAMHS staff

The North and South multidisciplinary teams will have clinicians from all disciplines (Child and Adolescent Psychiatry, Child and Adolescent Psychotherapy, Psychology, Educational Psychology, Systemic Psychotherapy, Social Work, Nursing and Primary Mental Health Care Work) and all models of working. There will be multi-agency networks formed to ensure integrated service provision to children, young people and their families with complex needs. This is part of the ongoing Integrated Working Strategy, Lead Professional, Implementation of e-CAF and Team around the Child.

Staff previously employed by Camden PCT and the majority of Tavistock Child and Family and Adolescent Department staff working in Camden will move into the North and South Camden Teams.

Quality and Clinical Development

A number of fora will be developed to share thinking and expertise about particular populations or areas of working. It is envisaged that these groups will take on specific projects that will highlight evidence based practice and feed into wider developments across Camden. These will include:

- Adolescents
- Under 5's
- Education
- Primary Care
- Complex needs
- BME communities
- And more.

Other Issues Raised as part of the consultation

Referral Pathways:

- Clear referral pathways remain across the borough to inform referrers and clients of the process for referral to CAMHS including self referral options and access to other CAMHS services. These take account of patient preference, referrer preference, presenting problem, age and address. Referrals seen in community settings will be discussed after initial assessment to ensure appropriate allocation.
- There is an expectation that CAF's are completed on all referrals to CAMHS.

Access to Specialist CAMHS

Whereas generic CAMHS will be provided within the new model, where appropriate access to a range of specialist services will be available through Joint Intake including;

- Tavistock and Portman Specialist Services
 - Refugee service
 - Fostering Adoption and Kinship care
 - Autism service
 - Adolescents
- Services for adolescents will continue to be accessible via Joint Intake and self referral at Tavistock Centre and Brandon Centre. Clinicians with an adolescent specialism will be focussed in the south of the borough.
- Clinicians with an Under 5's specialism will be focussed in the north MDT. Expertise through Sure Start clinicians and the Anna Freud Centre will contribute to this area of work.

- Royal Free Hospital Services including
 - Eating Disorder
 - ADHD
 - Etc

Evaluation and review:

- Planning and service review will be continued with key people in the Local Authority (CSF), health and voluntary sector to ensure service planning and provision is coordinated across agencies.
- The service will be reviewed throughout the first year to ensure it is effective and meeting need. Changes may be made according to these findings and the views of service users and other key stakeholders.
- There will be a management group whose tasks will include regular review of progress.
- The details of the management group will be made available on our web page. We would welcome any ongoing feedback throughout the first year to ensure the service is running smoothly.
- The Trusts Equality Impact Statement will be made available on the Trust website.

Timeline To date:

- Transfer PCT staff to T&P – completed Sept 07
- Multi-agency consultation on new service specification-completed Jan 08
- South Camden accommodation identified – completed Jan 07
- Internal T&P staff consultation on proposed structure –March 08
- Appointment of Team leaders etc –April 08
- New dataset, unit costs & migration of data to T&P database – on going
- Refurbishment of South Camden site – Mid April 2008
- Re-location of T&P staff to south Camden site – End of April 08
- Launch of new service - End of April 08
- Review and evaluation of service – ongoing from April 08