

The Tavistock and Portman NHS Trust

The Parents' Service

A FREE AND CONFIDENTIAL CONSULTATION SERVICE FOR PARENTS OF TEENAGERS AND YOUNG ADULTS BETWEEN THE AGES OF 14 AND 25

The Parents' Service at the Tavistock Clinic offers free and confidential consultations within the National Health Service to single parents and parental couples who are experiencing conflict or other emotional difficulties in the relationship between themselves and young people in the 14 -25 age group.

We can offer up to six meetings, of about an hour each, aimed at helping parents develop a new perspective on the difficult situations with which they are faced. The consultation may also include some discussion of the ordinary processes of adolescent development.

Staff are qualified and experienced professionals, some of whom are undertaking advanced training at the Centre. we arrange appointments during normal office hours (Mondays to Fridays, 9am -6pm). Early evening appointments are also occasionally available.

If you are a parent experiencing difficulties with a teenager or young adult and would like to talk it over in a confidential consultation, please call the Parents' Service Administrator between 9.30am and 5.30pm for more information and to arrange an appointment.

Our services are available to all clients within our agreed service areas, regardless of class, culture, physical disability, race, religious belief or sexual orientation

Please call : 020 7447 3787 and ask for:

The Parents' Service Administrator